

# Clear signals or mixed messages

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# Clear signals or mixed messages: inter-individual emotion congruency modulates brain activity underlying affective body perception

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## Abstract

The neural basis of emotion perception has mostly been investigated with single face or body stimuli. However, in daily life one may also encounter affective expressions by groups, e.g. an angry mob or an exhilarated concert crowd. In what way is brain activity modulated when several individuals express similar rather than different emotions? We investigated this question using an experimental design in which we presented two stimuli simultaneously, with same or different emotional expressions. We hypothesized that, in the case of two same-emotion stimuli, brain activity would be enhanced, while in the case of two different emotions, one emotion would interfere with the effect of the other. The results showed that the simultaneous perception of different affective body expressions leads to a deactivation of the amygdala and a reduction of cortical activity. It was revealed that the processing of fearful bodies, compared with different-emotion bodies, relied more strongly on saliency and action triggering regions in inferior parietal lobe and insula, while happy bodies drove the occipito-temporal cortex more strongly. We showed that this design could be used to uncover important differences between brain networks underlying fearful and happy emotions. The enhancement of brain activity for unambiguous affective signals expressed by several people simultaneously supports adaptive behaviour in critical situations.

**Key words:** emotion; body perception; fMRI; amygdala; parietal lobe; occipito-temporal cortex

## Introduction

The ability to detect social and affective signals is paramount to human cognitive functioning. In daily life, these signals are often conveyed by several people simultaneously, in a group or crowd. When these social signals convey a threat (anger) or indicate a threatening environment (fear), rapid detection has obvious adaptive benefits. Survival in dangerous situations does not only rely on rapid detection of emotions, but needs to be followed immediately by action. Therefore, the cognitive system seems to be wired so that perceptual and attentional processes are biased to detect face and body expressions that signal threat (Fox *et al.*, 2000, 2001; Calvo and Esteves, 2005; Tamietto *et al.*, 2007). For example, an angry facial expression is more quickly

detected in a crowd of emotionally neutral faces, than a happy face (Fox *et al.*, 2000).

Emotion perception relies on wide-spread, functional brain networks that are largely overlapping across the different emotions (Lindquist *et al.*, 2012). Relevant subcortical and cortical regions include the insula, the amygdala, the anterior cingulate cortex, and the prefrontal cortex. Neuroimaging studies on emotion perception have shown that the affective content of stimuli, such as faces or bodies, modulates activity in the ventral and dorsal object processing streams (Mishkin *et al.*, 1983). Conscious perception of affective faces and bodies, compared with neutral ones, enhances activity in the object processing regions in the ventral stream, such as the middle temporal gyrus

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(MTG), around the extrastriate body area (EBA) and the middle temporal (MT) area, the fusiform gyrus (FG) and the superior temporal sulcus (Peelen et al., 2007; Kret et al., 2011). Each emotion seems to put emphasis on different nodes of the cortical network. For example, happiness seems to activate superior temporal gyrus (STG) and FG strongly (Vytal and Hamann, 2010), while fearful faces and bodies activate the amygdala to a greater extent (Hadjikhani and de Gelder, 2003; Vuilleumier and Pourtois, 2007). Nevertheless, this distinction does not always hold as, for example, fearful stimuli also modulate FG (Vuilleumier and Pourtois, 2007). Moreover, the action system seems to be closely linked to the perception of affective stimuli. For example, de Gelder et al. (2004) showed that fearful bodies activated a number of regions involved in action representation, such as the pre-central gyrus, the supplementary motor area, the inferior parietal lobe (IPL) and the intraparietal sulcus (IPS). Additionally, a series of electromyography studies showed that during the perception of angry or fearful body postures most muscles that were activated for the expression of the emotion automatically re-activated (Huis In 't Veld et al., 2014a,b). This suggests that seeing static photos of people expressing emotions through their body posture automatically activates one's own action system at the level of the muscles. These findings are in line with evidence that the observation of actions activates one's own cortical motor system (Gallese et al., 1996) and that the observation of emotions increases cortico-spinal motor tract excitability (Hajcak et al., 2007; Schutter et al., 2008).

A neurobiological model has been proposed that supports the rapid processing of affective signals and links emotion-related structures in prefrontal cortex with the ventral stream object processing areas (Rudrauf et al., 2008). This two-pathway model, which is based on magnetoencephalography data, consists of one feedforward pathway travelling from the thalamus to the visual cortex (or auditory cortex—depending on the stimulation modality), and along the ventral stream in inferior temporal cortex (ITC). The other pathway is suggested to consist of the subcortical retino-tectal pathway that links from the thalamus directly to the affective system, and long-range fasciculi that range from V1 to the affective system, from which feedback is sent to the other pathway and vice versa (Rudrauf et al., 2008; Garrido et al., 2012). The cortical pathway would support conscious processing of affective stimuli, while the subcortical pathway, through the thalamus and amygdala, could account for subconscious processing. This two-pathway model shows close links to the conceptual model of emotional body language, which also includes one cortical and one subcortical network, as proposed by de Gelder (2006). In Figure 1, we provide an elementary model of how these two pathways could be interconnected.

These models are supported by empirical evidence from neuroimaging studies. As discussed previously, conscious perception of affective faces and bodies activates regions in the ventral and dorsal processing streams more strongly than the perception of neutral stimuli. In the ventral stream affective content modulates the object processing regions, while in the dorsal stream it stimulates action representation (de Gelder et al., 2004). These findings support the presence of a feedforward pathway of emotion perception, along the regular visual object processing streams, toward the anterior affective system and the prefrontal regions. However, other studies have indicated that affective stimuli may also be processed subconsciously, and that these stimuli are more salient. For example, in a study by Calvo and Esteves (2005), participants had higher sensitivity and accuracy for affective faces that were masked

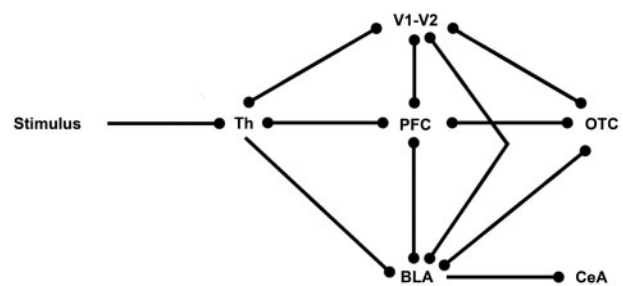


Fig. 1. Elementary model of visual emotion processing. Th, Thalamus; V1-V2, primary and secondary visual cortex; PFC, prefrontal cortex; BLA, basolateral complex amygdala; CeA, central amygdala; OTC, occipital temporal cortex.

than for neutral masked faces. Also, in flash suppression paradigms (a technique where an image presented to one eye is suppressed by presenting a rapidly flashing pattern to the other eye) fearful expressions often emerge from suppression more quickly than other stimuli (for a review, see Yang et al., 2014). These results point to a preference for rapid processing of affective stimuli. Specific support for the existence of the subcortical pathway comes from studies which show the modulatory influence of the amygdala on ventral stream regions, such as the FG. For example, Vuilleumier et al. (2004) demonstrated that patients with a structurally impaired amygdala had reduced brain activity in FG and other cortical regions in response to fearful stimuli.

The amygdala may play an important role in the modulation of cortical responses to emotional stimuli and subsequent behavioural adaptations. Neurophysiological research on associative learning in animals demonstrated the existence of neural populations in the amygdala which are specifically responsive to stimuli predicting reward or fear (a.o. Zhang et al., 2013). Janak and Tye (2015) proposed a circuit of mutual inhibition through interneurons between fear-encoding and reward-encoding neurons in the basolateral complex of the amygdala (BLA). These different populations of neurons in turn connect to populations of neurons in the central nucleus of the amygdala, which promote avoidance or approaching behaviour (see also Steimer, 2002; Sah et al., 2003). This circuit would allow for quick adaptive responses to different emotional stimuli. The amygdala could not only, as suggested in the model by Rudrauf et al. (2008), modulate activity in the ventral stream regions, but it could also, as illustrated in de Gelder (2006), directly link to reflex-like behaviour and motor planning. The two affective pathways seem to be operating in parallel, but do not seem to be segregated. If one of the two pathways is disabled, information may still be partially processed by the other pathway. For example, subconscious processing of emotional stimuli may also occur without the amygdala (Tsuchiya et al., 2009). Furthermore, interactions between regions in the two pathways do seem to take place, especially between the ITC, the amygdala and the orbito-frontal cortex (Steimer, 2002; Rudrauf et al., 2008).

The mechanisms of emotion recognition and adaptive behavioural responses described earlier are in place when the expressed emotions are clear-cut. However, emotions conveyed by several people simultaneously are not always unambiguous. In some situations, e.g. during a soccer match, crowds may express a variety of emotions such as fear, anger and joy. So far, it remains unclear how the brain processes this type of incongruent affective information. In this study, using a novel experimental design, we seek to further disentangle emotion-specific nodes in the affective processing networks and investigate the

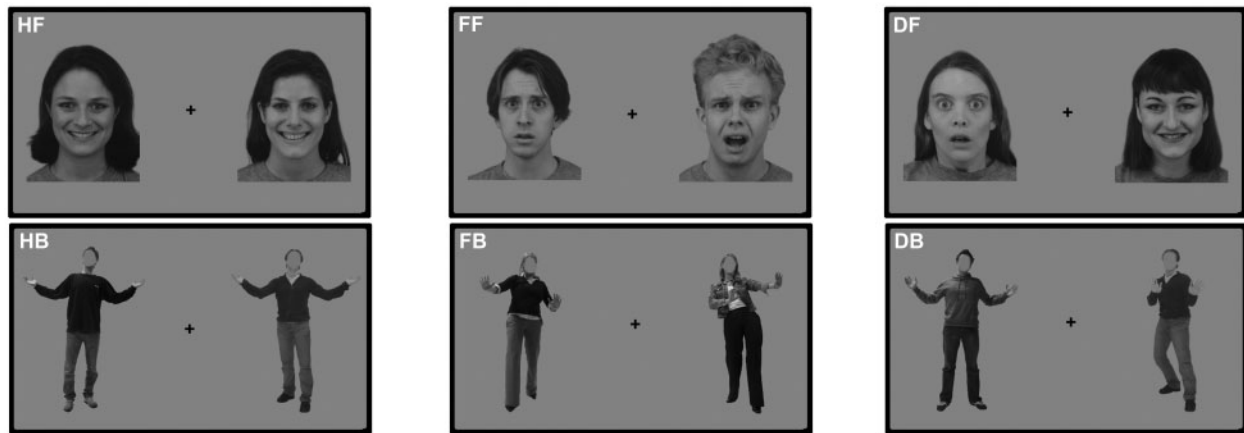


Fig. 2. Task design. An illustration of the six different conditions is displayed (not true size). HF, happy faces; HB, happy bodies; FF, fearful faces; FB, fearful bodies; DF, different faces; DB, different bodies.

effects of perceiving multiple emotions simultaneously on the two affective pathways. Although the presence of a behavioural task is essential to take attentional effects into account, explicit emotion identification often dampens activations that are characteristic of specific emotions (de Gelder *et al.*, 2012). Here we used a novel approach, where participants were shown stimulus pairs rather than single stimuli. The stimulus pairs consisted of two affective stimuli of different identities, with either the same or a different affective expression. Participants covertly judged whether the emotions in the stimulus pairs were identical or different. As we were particularly interested in the modulation of regions in the action network, participants viewed bodily expressions of emotion as well as affective faces. We hypothesized that the same-emotion stimulus pairs would lead to increased activation for the specific emotion shown, while in the case of different-emotion pairs, each emotion would interfere with the effect of the other. As a possible underlying mechanism, the conflicting incoming information of the different-emotion pairs could lead to simultaneous mutual inhibition in the BLA, reducing its output. This in turn (see Figure 1) would further diminish the activity in cortical emotion-processing regions and the preparation of affective behaviour (Rosenkranz and Grace, 2001; Janak and Tye, 2015). The design of this study made the distinction between the same-emotion and different-emotion trials more pronounced than with a single stimulus presentation. Moreover, the results could be a starting point to better understand emotional expression effects of groups rather than individuals (Huis In 't Veld and de Gelder, 2015).

## Materials and methods

### Participants

Twenty-six healthy right-handed volunteers (12 males, mean age 29.5 years, range 18–68) participated in the fMRI experiment. All participants had normal or corrected-to-normal visual acuity and gave their informed consent. The study was approved by the local ethical committee.

### Stimuli

The stimuli were black and white photographs of faces and bodies. The face stimuli were taken from the Karolinska Directed Emotional Faces database (Lundqvist *et al.*, 1998), while

the body stimuli came from the Bodily Expressive Action Stimulus Test (de Gelder and Van den Stock, 2011). The face stimuli consist of 10 happy faces and 10 fearful faces of different identities. The body stimuli consist of 10 happy bodies and 10 fearful bodies of different identities. In the body stimuli the faces were masked by a grey oval the size of the face. An equal number of male and female stimuli were used and they were equally divided between the stimuli categories. For examples, see Figure 2.

### Design and task

A blocked design was used for this experiment. A total of 32 blocks were presented to the participants in one functional run. The run started with 12 s of fixation and ended with 32 s of fixation. The duration of each block was 12 s with a 12 s inter-block interval. Within 1 block 12 stimulus pairs were presented consecutively. Each stimulus pair consisted of two same-sex stimuli that were presented simultaneously on the left and right side of a central fixation cross for 800 milliseconds (ms), each at a 4.8° visual angle (from fixation cross to centre stimulus). The inter-stimulus interval was 200 ms. The participants were instructed to fixate on the cross and to check whether the emotion displayed in the two stimuli was the same or different without making any overt response. Per block the stimuli were either all faces or all bodies. In half of the blocks the emotions were different ('Different' blocks); while in the other half the emotions were the same. This led to six different experimental conditions: 'Fearful Bodies' (FB), 'Happy Bodies' (HB), 'Different Bodies' (DB), 'Fearful Faces' (FF), 'Happy Faces' (HF) and 'Different Faces' (DF). The location of the different emotions was counterbalanced.

### fMRI parameters

A 3T Siemens Prisma MR head scanner (Siemens Medical Systems, Erlangen, Germany) was used for imaging. Functional scans were acquired with a Gradient Echo Echo-Planar Imaging sequence with a Repetition Time (TR) of 2000 ms and an Echo Time (TE) of 30 ms. For the functional run, 400 volumes were acquired comprising 35 slices (matrix = 78 × 78, voxel size = 3 mm isotropic, interslice time = 57 ms, flip angle = 90°). High-resolution T1-weighted structural images of the whole brain were acquired using an MPRAGE sequence with 192 slices,



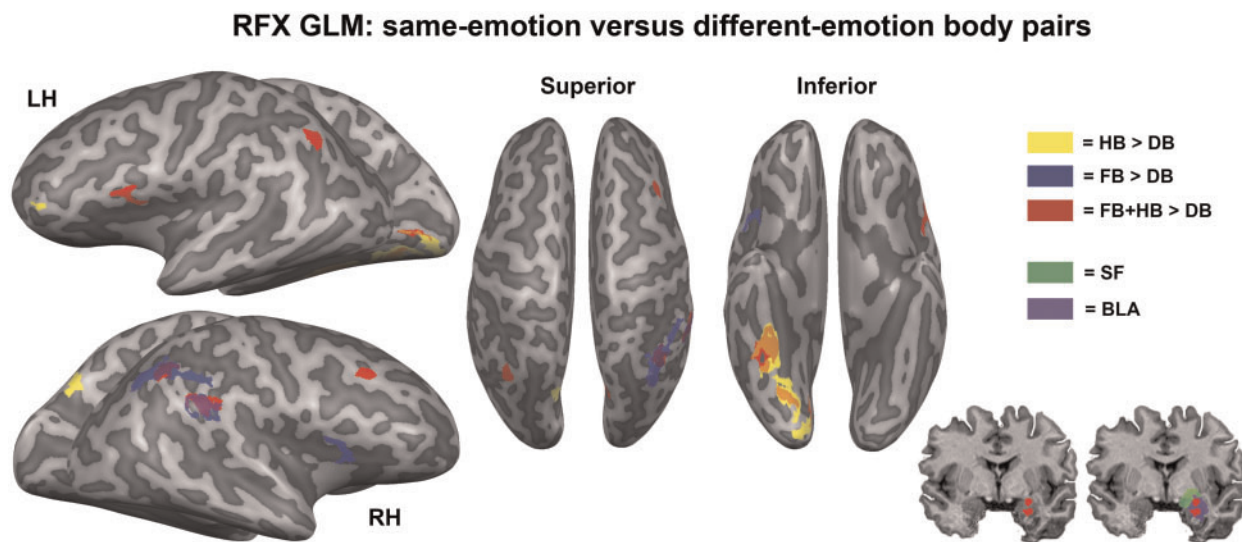


Fig. 3. Same-emotion vs different-emotion body pairs. The maps show significantly activated voxels [ $P_{\text{corr}} < 0.05$ ] for three different linear contrasts, superimposed on an inflated representation of the cortical sheet: HB > DB (yellow), FB > DB (blue) and FB + HB > DB (red). The functional cluster in the amygdala (bottom right, in red) is shown in a coronal slice in isolation (left) or superimposed on the SF (in green) and BLA (in purple) subdivisions of the amygdala as defined by the anatomical probability maps (right). HB, happy bodies; FB, fearful bodies; DB, different bodies; SF, superficial group amygdala; BLA, basolateral complex amygdala.

matrix =  $256 \times 256$ , voxel dimensions = 1 mm isotropic, TR = 2250 ms, TE = 2.17 ms, flip angle =  $9^\circ$ .

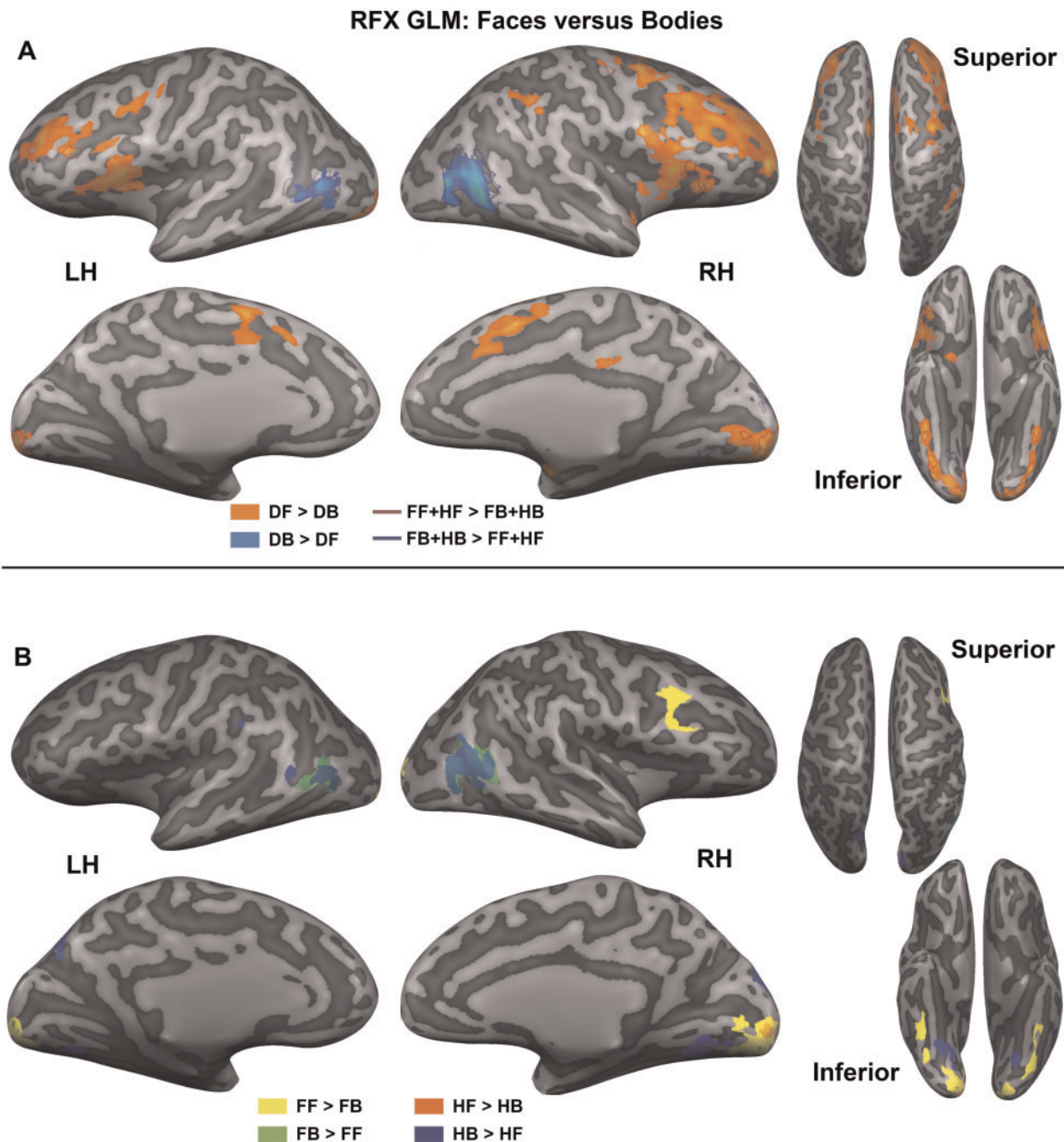
### fMRI pre-processing and data analyses

All functional MRI data were analysed using fMRI analysis and visualisation software BrainVoyager QX (Brain Innovation B.V., Maastricht, The Netherlands). Functional data were 3D motion corrected (trilinear interpolation), corrected for slice scan time differences, temporally filtered [General Linear Model (GLM) with Fourier basis set using two cycles] and spatially smoothed with a 4-mm gaussian filter. The anatomical data were corrected for intensity inhomogeneity (Goebel et al., 2006) and transformed into Talairach space (Talairach and Tournoux, 1988). The functional data were aligned with the anatomical data and transformed into the same space, to create 4D volume time-courses.

The functional runs were analysed using voxel-wise multiple linear regression (GLM) of the blood-oxygenated level dependent (BOLD) response time courses. The GLM analyses were performed at single subject and group level. All six experimental conditions were modelled as predictors that assumed the value of '1' for the volumes during which the block was presented and '0' for all other volumes. These predictor boxcar functions were convolved with a two gamma hemodynamic response function. Individual activation maps were calculated using a single subject GLM model and corrected using a False Discovery Rate of 0.05 (Genovese et al., 2002). Group activation maps (Figures 3–5) were calculated with a random effects GLM analysis. Linear contrasts served to implement comparisons of interest. The correction for multiple comparisons was performed for each linear contrast separately by using cluster threshold estimation as implemented in Brainvoyager QX (Forman et al., 1995; Goebel et al., 2006), based on permutations with an initial uncorrected threshold of  $\alpha = 0.01$  at  $t(25) = 2.79$ . Cluster thresholding was obtained through MonteCarlo simulation ( $n = 1000$ ) of the random process of image generation, followed by the injection of spatial correlations between

neighbouring voxels, voxel intensity thresholding and cluster identification, yielding a correction for multiple comparisons at the cluster level for  $\alpha = 0.05$ . The mean time courses in each region of interest (ROI) (Supplementary Figure S1) were calculated by averaging the time course segments belonging to the same condition across subjects.

The activity in the amygdala (see Figure 3), was localized to a specific subdivision using cytoarchitectonic maps of the SPM Anatomy Toolbox (Version 2.1, Forschungszentrum Jülich GmbH; Eickhoff et al., 2005). This toolbox contains the anatomical probability maps of several subdivisions of the amygdala, including the superficial, latero-basal and centro-medial complex (Amunts et al., 2005). The toolbox gives the option to enter a set of stereotaxic coordinates, which can be in MNI space or Talairach space. The toolbox shows the location of the voxel, gives information about the cytoarchitectonic region found at that position, and gives the corresponding probability of that voxel belonging to the reported region. We entered the Talairach coordinates of the peak voxel of our functional cluster of interest into the toolbox and the resulting subdivision (BLA) and accompanying probability (76%) were reported. To verify whether not only the peak voxel but the entire functional cluster was located to the BLA and to display the results (Figure 3), we extracted all available sub-regions of the amygdala from the SPM Anatomy Toolbox. Each voxel in a probabilistic region reflects the cytoarchitectonic probability (10–100%) of belonging to that region. We followed the procedure of obtaining maximum probability maps as described in Eickhoff et al. (2006), as these are thought to provide ROIs that best reflect the anatomical hypotheses. This meant that all voxels in the ROI that were assigned to a certain area were set to '1' and the rest of the voxels were set to '0'. We also extracted the Colin27 anatomical data to help verify the subsequent transformations. In order to transform the Colin27 anatomical data and the amygdala sub-regions from MNI space to Talairach space (as used for the other analyses), we imported the ANALYZE files in Brainvoyager, flipped the x-axis to set the data to radiological format, and rotated the data  $-90^\circ$  in the x-axis and  $+90^\circ$  in the y-axis to get a sagittal orientation. Subsequently,



**Fig. 4.** Faces vs bodies. The top (A) shows significantly activated voxels ( $P_{\text{corr}} < 0.05$ ) for four linear contrasts that compare object category over all emotions, superimposed on an inflated representation of the cortical sheet: DF > DB (orange), FF + HF > FB + HB (red outline), DB > DF (blue), FB + HB > FF + HF (dark blue outline). The bottom (B) shows four linear contrasts that compare object category for each emotion separately: FF > FB (yellow), FB > FF (green), HF > HB (orange), HB > HF (blue). DF, different faces; DB, different bodies; FF, fearful faces; HF, happy faces; FB, fearful bodies; HB, happy bodies.

we transformed the Colin27 anatomical data to Talairach space and applied the same transformations to the cytoarchitectonic ROIs. We then projected the ROIs and functional cluster together and verified that the functional ROI was localized to the BLA.

## Results

The goal of this study was to investigate whether there are neural changes that underlie simultaneous viewing of two faces or bodies with the same emotional expressions vs different emotional expressions. Our results showed significant differences

for emotion congruency when participants were viewing affective bodies.

### Same vs different: conflicting bodily emotions

When comparing the perception of same-emotion body pairs vs different-emotion body pairs (FB + HB > DB) we found significant increased activation ( $P_{\text{corr}} < 0.05$ ; see 'Materials and Methods' section) for same-emotion bodies in amygdala, occipitotemporal gyrus (OTG), lingual gyrus (LG), IPL, superior frontal gyrus (SFG) and supramarginal gyrus (SMG) (see Figure 3 and

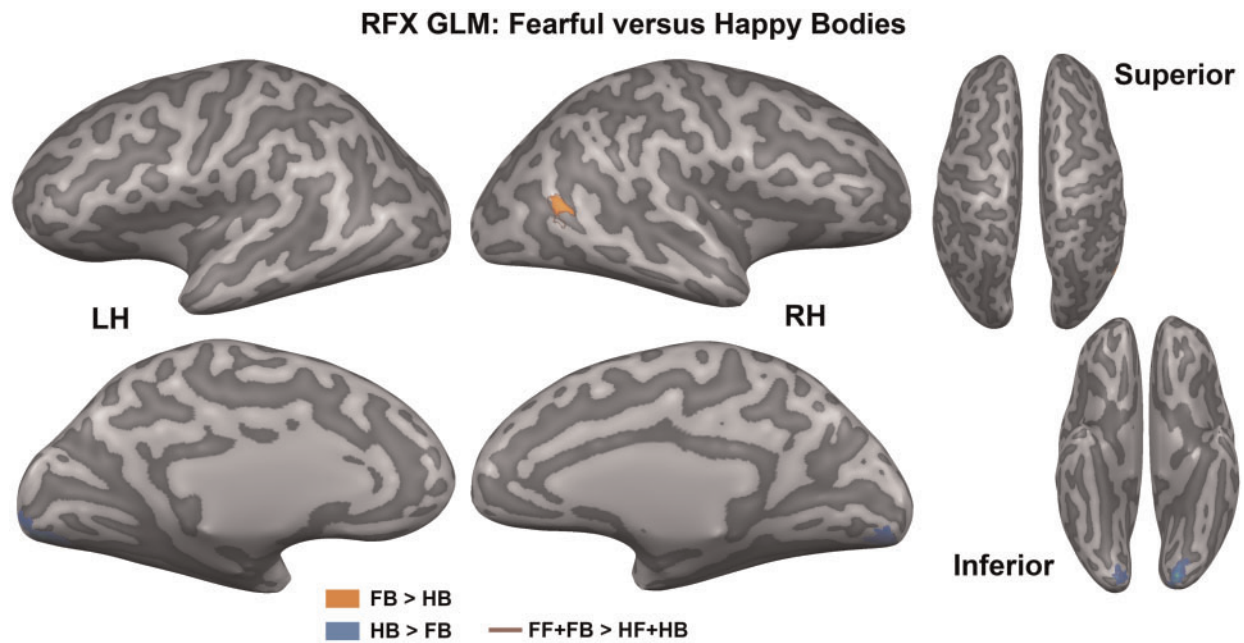


Fig. 5. Fearful vs happy bodies. The map shows significantly activated voxels ( $P_{\text{corr}} < 0.05$ ) for three linear contrasts that compare emotion conditions superimposed on an inflated representation of the cortical sheet: FB > HB (orange), HB > FB (blue) and FF + FB > HF + HB (red outline). FB, fearful bodies; HB, happy bodies; FF, fearful faces; HF, happy faces.

**Table 1.** Peak voxel Talairach coordinates for significant clusters, and their corresponding T- and P-values, in several same-emotion vs different-emotion body pair contrasts

Region (n = 26, P <sub>corr</sub> < 0.05)	Hemisphere	No. Voxels	Talairach coordinates peak voxel			T-value	P-value
			x	Y	z		
Happy Bodies > Different Bodies							
Occipitotemporal Gyrus	R	1230	27	−43	−11	5.12	0.000027
Lingual Gyrus	R	4625	24	−70	−8	4.79	0.000064
Parieto-Occipital Sulcus	L	967	−15	−73	34	4.09	0.000392
Inferior Frontal Gyrus	L	663	−42	50	4	4.77	0.000068
Fearful Bodies > Different Bodies							
Supramarginal Gyrus	R	936	54	−43	25	4.61	0.000101
Inferior Parietal Lobe	R	3325	48	−43	49	4.59	0.000108
Insula	R	846	36	11	16	4.46	0.000153
Happy + Fearful Bodies > Different Bodies							
Supramarginal Gyrus	R	1026	51	−40	25	4.13	0.000356
Inferior Parietal Lobe	R	903	33	−52	40	4.10	0.000384
Inferior Parietal Lobe	L	638	−33	−64	40	4.39	0.000179
Occipital Temporal Gyrus	R	973	29	−43	−11	4.33	0.000210
Lingual Gyrus	m	717	3	−70	4	4.29	0.000236
Superior Frontal Gyrus	R	776	42	20	37	3.91	0.000623
Amygdala	L	663	−21	−1	−17	4.11	0.000372

Hemisphere is indicated by R, right; L, left, or m, medial.

Table 1). The amygdala activation (peak voxel) was located with 76% probability in the left BLA, on the basis of a probabilistic map of the subdivisions of the amygdala (SPM Anatomy Toolbox; Amunts *et al.*, 2005). When splitting the comparison out to the specific emotions, significantly increased activation ( $P_{\text{corr}} < 0.05$ ) for fearful bodies compared with different-emotion bodies (FB > DB) was found in right IPL, SMG and insula (see Figure 3 and Table 1). For happy bodies vs different-emotion bodies (HB > DB), activity was significantly larger ( $P_{\text{corr}} < 0.05$ ) in

parietal-occipital sulcus (POS), inferior frontal gyrus (IFG), OTG and LG (see Figure 3 and Table 1). For the contrasts and regions in Figure 3, mean time courses for every condition were calculated and are displayed in Supplementary Figure S1. The different-emotion body pairs did not show significantly greater activity than the same-emotion body pairs in any of the above mentioned comparisons. For the equivalent comparisons with the face conditions there were no significant differences at all.



Complementary to our main research question, we compared conditions related to stimulus type (faces, bodies) and emotion type (fear, happy) in order to further investigate the underlying mechanisms of conflicting bodily emotions.

### Faces vs bodies: stimulus type

Faces and bodies were either compared for all emotions together (Figure 4A), or compared per emotion (Figure 4B). For all emotions together, two types of comparisons were made. The two same-emotion face conditions were compared with both same-emotion body conditions (HF + FF vs HB + FB) and the different-emotion face condition was compared with the different-emotion body condition (DF vs DB). The latter comparison yielded an extensive network of significant regions ( $P_{\text{corr}} < 0.05$ ; see Figure 4A and Table 2), while the first significantly activated a subset of these voxels ( $P_{\text{corr}} < 0.05$ ), indicated by the dark red and dark blue borders in Figure 4A. The comparisons of faces and bodies for different emotions were split into fearful (FF vs FB) and happy (HF vs HB) emotions ( $P_{\text{corr}} < 0.05$ ; see Figure 4B).

The comparison of different-emotion face pairs vs body pairs (DF > DB; orange colour in Figure 4A) significantly activated ( $P_{\text{corr}} < 0.05$ ) frontal regions, including inferior frontal sulcus (IFS), middle frontal gyrus (MFG), medial SFG, insula, and pre- and post-central sulcus, occipito-temporal regions: inferior occipital gyrus (IOG), LG and OTG, as well as several subcortical regions: thalamus, caudate nucleus and putamen. The opposite comparison (DB > DF; blue colour in Figure 4A), showed enhanced activation ( $P_{\text{corr}} < 0.05$ ) around the bilateral inferior temporal sulcus (ITS), which corresponds to the EBA and the MT area. As we did not functionally localize EBA, we will refer to it as the anatomical location, ITS, in the results and tables. A subset of these regions was activated for the emotionally congruent face vs body comparisons. Right insula, left IFS and bilateral IOG, LG and OTG were more strongly activated ( $P_{\text{corr}} < 0.05$ ) for same-emotion faces (HF + FF > HB + FB; red outline Figure 4A), while bilateral ITS was more strongly activated ( $P_{\text{corr}} < 0.05$ ) for same-emotion bodies (HB + FB > HF + FF; dark blue outline Figure 4A).

When looking into stimulus type effects for specific emotions, fearful faces compared with fearful bodies showed enhanced activity ( $P_{\text{corr}} < 0.05$ ) in right IFS, bilateral OTG, IOG and LG (FF > FB, yellow colour Figure 4B). Fearful bodies showed stronger activity ( $P_{\text{corr}} < 0.05$ ) in bilateral ITS (FB > FF, green colour Figure 4B). For the happy emotion, faces evoked enhanced activity ( $P_{\text{corr}} < 0.05$ ) in right LG (HF > HB, orange colour Figure 4B), while happy bodies more strongly activated ( $P_{\text{corr}} < 0.05$ ) bilateral ITS and LG, right SOG and cuneus, and left POS, IPL and post-central gyrus (HB > HF, blue colour Figure 4B). For an overview of the significant regions, see Table 2.

### Fear vs happy: emotion type

Finally, the type of emotion (fear or happy) was compared between the same-emotion conditions. Stimulus-type independent modulation of emotion (FF + FB vs HF + HB) as well as stimulus-type specific modulation of emotion (FB vs HB and FF vs HF) were investigated. The stimulus-type independent modulation of emotion only showed a significant activation in right ITS for fear ( $P_{\text{corr}} < 0.05$ ; FF + FB > HF + HB; red outline Figure 5). Additionally, fearful bodies also showed enhanced activity in right ITS compared with happy bodies ( $P_{\text{corr}} < 0.05$ ; FB > HB; orange colour Figure 5), while happy bodies showed enhanced activity in bilateral LG compared with fearful bodies ( $P_{\text{corr}} < 0.05$ ; HB > FB; blue colour Figure 5). For an overview of

the regions, see Table 3. No significant effects were found for fearful faces vs happy faces.

## Discussion

Based on the models of Rudrauf et al. (2008) and Janak and Tye (2015) we hypothesized that same-emotion pairs and different-emotion pairs would drive the affective pathways differently. The conflicting information of the different-emotion pairs could lead to simultaneous mutual inhibition in the BLA, reducing its output. This in turn, as suggested by the models of Barbas (2000), Steimer (2002) and Rudrauf et al. (2008), could lead to a modulation of processing in the occipito-temporal cortex (see Figure 1), prefrontal cortex, and, possibly, action processing and preparation circuits. We conjectured that mutual inhibition from contrary emotions would lead to a reduction of cortical activity. The same-emotion pairs on the other hand could each drive the neuronal populations that encode fear or reward, and increase their output to the cortical regions, as well as drive the cortical regions in itself more strongly.

The results showed a deactivation of the BLA for different-emotion body pairs compared to same-emotion body pairs. Concurrently, the different-emotion body pairs induced a reduction of BOLD responses in cortical regions, compared to the stronger activation for same-emotion body pairs. For happy body pairs these effects were mostly localized to occipito-temporal cortex, while for fearful body pairs the insula and right parietal regions were more strongly activated than for the different-emotion pairs. These results suggest that the display of contrary emotions disrupts the effects each separate affective stimulus may have. We could conjecture that diminished excitatory output from the BLA might have reduced BOLD responses in those regions that were most relevant for each emotion. However, given the limited temporal resolution and inherent properties of the fMRI data, no definite conclusions can be drawn about the direction of inhibitory and excitatory processes, or the flow of information.

Although we found that brain activity is reduced for different-emotion body pairs, the results do not indicate that the fearful and happy emotion categories drive the amygdala-cortical circuits maximally in opposite directions. The differences between fearful bodies and happy bodies (Figure 5) were smaller and localized to fewer regions than the differences between same-emotion body pairs vs different-emotion body pairs (Figure 3). Instead, the different-emotion body pairs showed lower BOLD responses in the regions indicated in Figure 3 than the same-emotion body pairs of the opposite valence. Also, in line with Fitzgerald et al. (2006), Winston et al. (2003) and other research, we found no differences in amygdala activation between fearful and happy emotions. In contrast to earlier findings on fear-specific modulation of the amygdala (a.o. Adolphs et al., 1995), several neuroimaging studies now propose that the amygdala might be involved in the processing of all emotionally salient stimuli (Winston et al., 2003; Fitzgerald et al., 2006; Zhang et al., 2013). Our results support this notion. The underlying mechanisms might be further investigated using measures other than fMRI, such as single cell recordings. As stated by Janak and Tye (2015), behaviours of opposite valence do not necessarily arise from activity in different pathways, but may be modulated by connections between the same regions. Because inhibitory and excitatory processes are hard to disentangle by fMRI measurements, as both processes consume energy and may give rise to increases of BOLD signal (Viswanathan and Freeman, 2007; Logothetis, 2008), positive and negative valence



**Table 2.** Peak voxel Talairach coordinates for significant clusters, and their corresponding T- and P-values, in several face pair vs body pair contrasts

Region [n = 26, P <sub>corr</sub> < 0.05]	Hemisphere	No. voxels	Talairach coordinates peak voxel			T-value	P-value
			x	y	z		
Different Faces > Different Bodies							
Superior Temporal Gyrus	R	584	39	2	−11	5.79	0.000005
Occipitotemporal Gyrus	R	3910	36	−64	−17	5.76	0.000005
Occipitotemporal Gyrus	L	4777	−42	−67	−17	7.51	0.000000
Lingual Gyrus	R	5975	9	−91	−5	6.51	0.000001
Lingual Gyrus	L	901	−6	−89	−14	4.95	0.000042
Inferior Occipital Gyrus	R	2298	21	−76	−20	4.45	0.000157
Inferior Occipital Gyrus	L	4525	−33	−83	−20	6.50	0.000001
Postcentral Sulcus to Intraparietal Sulcus	R	1705	45	−40	37	5.18	0.000024
Insula	R	8059	33	11	13	6.03	0.000003
Insula	L	7517	−39	14	16	5.73	0.000006
Precentral Sulcus	R	2363	33	−4	49	6.20	0.000002
Precentral Sulcus	L	841	−42	2	37	5.00	0.000037
Inferior Frontal Gyrus	R	939	54	5	16	6.78	0.000000
Inferior Frontal Sulcus	L	1283	−39	8	31	4.96	0.000041
Middle Frontal Gyrus	R	14428	42	32	25	6.03	0.000003
Middle Frontal Gyrus	R	3934	27	47	10	7.67	0.000000
Middle Frontal Gyrus	L	6985	−30	38	19	6.33	0.000001
Superior Frontal Gyrus	m	8408	3	8	52	6.97	0.000000
Superior Frontal Gyrus	R	2101	39	−4	55	5.65	0.000007
Caudate Nucleus	R	701	15	17	19	4.20	0.000299
Caudate Nucleus	L	646	−12	14	16	5.51	0.000010
Putamen	R	881	21	8	4	4.93	0.000045
Thalamus	R	100	15	−16	1	5.15	0.000025
Thalamus	R	122	18	−19	10	5.52	0.000010
Different Bodies > Different Faces							
Inferior Temporal Sulcus	R	6208	39	−61	7	6.68	0.000001
Inferior Temporal Sulcus	L	3207	−51	−68	7	6.60	0.000001
Fearful Faces > Fearful Bodies							
Lateral Occipitotemporal Gyrus	R	562	36	−49	−17	5.15	0.000026
Lateral Occipitotemporal Gyrus	L	423	−36	−43	−17	4.31	0.000223
Lingual Gyrus	R	5721	12	−91	−2	7.02	0.000000
Lingual Gyrus	L	4739	−18	−85	−5	5.52	0.000010
Inferior Occipital Gyrus	L	1385	−39	−70	−14	5.07	0.000031
Inferior Frontal Sulcus	R	1520	42	14	28	4.07	0.000414
Fearful Bodies > Fearful Faces							
Inferior Temporal Sulcus	R	5450	45	−70	7	6.67	0.000001
Inferior Temporal Sulcus	L	2599	−54	−64	5	4.79	0.000063
Happy Faces > Happy Bodies							
Lingual Gyrus	R	725	12	−91	−5	5.65	0.000007
Happy Bodies > Happy Faces							
Inferior Temporal Sulcus	R	4733	48	−70	7	9.10	0.000000
Inferior Temporal Sulcus	L	2203	−48	−71	7	4.93	0.000045
Lingual Gyrus	R	1855	24	−61	−5	4.81	0.000061
Lingual Gyrus	L	759	−27	−61	−5	5.15	0.000025
Cuneus	R	988	9	−89	25	4.02	0.000474
Superior Occipital Gyrus	R	634	21	−88	22	4.08	0.000404
Parieto-Occipital Sulcus	L	1190	−15	−73	31	4.20	0.000295
Subparietal Sulcus	L	234	−21	−64	25	3.30	0.002922
Inferior Parietal Lobe	L	259	−45	−61	13	3.43	0.002127
Postcentral Sulcus	L	361	−51	−40	19	4.15	0.000340

Hemisphere is indicated by R, right; L, left; or m, medial.

**Table 3.** Peak voxel Talairach coordinates for significant clusters, and their corresponding T- and P-values, in fearful vs happy body pair contrasts

Region [n = 26, P <sub>corr</sub> < 0.05]	Hemisphere	No. Voxels	Talairach coordinates peak voxel			T-value	P-value
			x	Y	z		
<b>Fearful Bodies &gt; Happy Bodies</b>							
Inferior Temporal Sulcus	R	656	42	−55	10	4.20	0.000294
<b>Happy Bodies &gt; Fearful Bodies</b>							
Lingual Gyrus	R	1927	18	−79	−8	4.78	0.000065
Lingual Gyrus	L	3537	−15	−82	−8	7.20	0.000000

Hemisphere is indicated by R, right; L, left; or m, medial.

stimuli may not show such strong differences. This notion is further confirmed by several analyses of emotion perception in the brain, where fearful and happy stimuli compared with neutral ones seem to largely activate the same brain regions (Fitzgerald *et al.*, 2006; Lindquist *et al.*, 2012). Nevertheless, the results in Figure 3 highlight that although fearful and happy bodies activate many of the same regions (Figure 5), they do not do so to the same extent. By comparing the same-emotion body pairs with the different-emotion body pairs, subtle differences between the two networks are revealed.

For fearful body pairs compared with different-emotion body pairs (Figure 3), BOLD responses are larger in the IPL and the insula. The right IPL seems to respond to salient environmental events, such as target detection (Linden *et al.*, 1999; Corbetta and Shulman, 2002) and might play a role in action organization (Rizzolatti and Matelli, 2003). Singh-Curry and Husain (2009) suggest that, next to responding to salient information, the right IPL is also involved in maintaining attention. They suggest that these two functions may make the IPL particularly suitable for a role in phasic alerting, where behavioural goals need to be adapted in response to a salient stimulus. These ideas are in line with evidence from monkey research showing connections of the subcortical structures in superior colliculus, hippocampus and the cerebellum to specific subregions of the IPL (Clower *et al.*, 2001). The eyes especially seem to play a determining role in the activation of IPL for fearful faces (Radua *et al.*, 2010). Although in our case the faces of the fearful bodies were masked, other salient features of the body that indicate the fearful emotion might have driven the IPL and caused an initiation of the action system.

The right insula was also activated more for fearful bodies than different-emotion body pairs. Generally, the insula has been associated with the experience of a wide variety of emotions, such as fear, anger, happiness and pain (Damasio *et al.*, 2000), as well as social emotions, empathy, and interoception (Singer, 2006; Craig, 2009). However, these functions seem to be mostly localized to the anterior insular cortex, while in this study the activity seems confined to the mid-posterior insula. The whole of the insular cortex, including posterior insula, has been suggested as a site where internally generated emotions and emotional context are evaluated and the expression of responses is initiated (Reiman *et al.*, 1997). Together with the mid-cingulate cortex, the insula has been proposed to form a salience and action system (Taylor *et al.*, 2009), as the posterior insula is also functionally connected to the somatomotor cortex (Deen *et al.*, 2011). The finding of more extensive activation in the IPL and insula for fearful bodies would be in line with the

idea that fearful bodies would induce and require more action than happy bodies or affective faces.

Happy body pairs compared with different-emotion body pairs on the other hand (Figure 3), showed increased activity in occipital and temporal cortex, including POS and regions in the LG and OTC, which may correspond to the fusiform face area/fusiform body area (FBA). Stronger activation in LG (Fitzgerald *et al.*, 2006) and FG (Surguladze *et al.*, 2003) was previously found for happy faces vs neutral objects and neutral faces, respectively. It may be that in our study the intensity of the happy emotion was experienced as being higher than that of the fearful emotion, which could lead to more significant activation (Surguladze *et al.*, 2003). This would be in line with the finding that overall the happy bodies activated the LG and OTC more strongly than fearful bodies (Figure 5). Also, the happy bodies extended the arms slightly further across the visual field in the horizontal dimension (Figure 2), than the fearful bodies, where the arms were closer to the body. The FBA has not only been shown to respond strongly to whole bodies, but also has selectivity for limbs (Taylor *et al.*, 2007; Weiner and Grill-Spector, 2011). Therefore, the increased visibility of the arms might have driven FBA more strongly.

Surprisingly, we did not find any emotion effects for the affective faces. Although the affective faces did drive cortical processing (see Figure 4), they did so to the same extent for both emotions. Perhaps, because bodily expressions of emotion can trigger higher activation than affective faces (Kret *et al.*, 2011), the modulation with respect to the different emotion pairs was also higher for bodies. In general, facial expressions compared with bodily expressions did show stronger activity in a wide number of regions, including superior frontal sulcus, insula, OTC and LG. For the bodies enhanced activity was localized to the ITS, around EBA/MT. Because the stimulus pairs always consisted of two different identities it may have been that the identity was more strongly represented for the facial expressions in comparison to the bodies, leading to a larger activation of prefrontal cortex and OTC (Scalaidhe *et al.*, 1999; Haxby *et al.*, 2000). This identity effect may have been stronger than the neuronal differences between facial emotions.

## Conclusions

Using a novel approach to investigate affective processing beyond the individual level, this study showed that the perception of different emotional expressions leads to a deactivation of the amygdala and a reduction of cortical activity. Comparing same-emotion body pairs with different-emotion body pairs revealed that the processing of fearful body expressions relied more

strongly on saliency and action regions in IPL and insula, while happy bodies drove OTC more strongly. This result adds significantly to the literature that hitherto has mostly been using single individual stimuli. Although perception of different emotions may drive many of the same brain regions, our experimental design uncovered important differences between the networks underlying the different emotions. The enhancement of brain activity for unambiguous affective signals expressed by multiple people simultaneously supports adaptive behaviour in critical situations, such as mass panic.

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## Supplementary data

Supplementary data are available at SCAN online.

Conflict of interest. None declared.

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